

**Regional Forum on Interconnectivity, Cyber Security and IPV6  
Panama City, Panama, September 10 and 11, 2015**

**PRACTICAL INFORMATION**

**A. Meeting Information**

**1. MEETING DATE AND VENUE**

**Dates:** September 10 and 11, 2015  
**Lugar:** **Autoridad Nacional de Servicios Públicos (ASEP)**  
2nd Floor  
**Rooms:** #206, #230 and #231  
**Address:**  
Vía España y Fernández de Córdoba,  
Edificio Office Park,  
Ciudad de Panamá  
Tel: + (507) 508-4500  
**Web:** <http://www.asep.gob.pa/>

**2. REGISTRATION**

Registration will be carried out exclusively **via on line** form no later than **August 26, 2015**. Please send us the hotel registration confirmation and the details of your arrival and departure flights to:

 <p><b>Pablo Palacios</b> UIT Oficina de Área Chile Tel: + (56) 2 2632 6134 Celular: 56-9-8739-2576 Email: <a href="mailto:pablo.palacios@itu.int">pablo.palacios@itu.int</a></p>	 <p><b>Ana De La Rosa</b> Asuntos Internacionales Autoridad Nacional de los Servicios Públicos (ASEP) Tel: + (507) 508-4535 Celular: + (507) 6983-0682 Email: <a href="mailto:adelarosa@asep.gob.pa">adelarosa@asep.gob.pa</a></p>
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**B. Formalities of entry to Panama**

**3. VISA**

All foreign visitors who enter the Republic of Panama, must have a valid passport (with at least three months before its expiry date) and return ticket to their country of origin or residence.

**Citizens from countries that require a visa should apply for a visa to the nearest Panama Embassy or Consulate at least four weeks in advance of the departure.**

The requirements for obtaining visa in these cases are:

- Passport valid for 90 days
- Passport photocopy with the general information and passport photo
- Complete visa application form
- Note from your company, certifying your participation in activity to be held in Panama.  
**(You may need an invitation letter from the Autoridad Nacional de los Servicios Públicos to present to the corresponding nearest Panama Embassy or Consulate, therefore please find the invitation letter ANNEX 1)**

Attached, information from the countries that require a visa or not to visit Panama.

<http://www.migracion.gob.pa/images/Noticias/Fotos%20e%20imagenes/cuadro%20de%20paises.pdf>

For assistance with your visa application, please contact:

Ana De La Rosa  
International Affairs  
Autoridad Nacional de los Servicios Públicos (ASEP)  
Tel: + (507) 508-4535  
Celular: + (507) 6983-0682  
Email: [adelarosa@asep.gob.pa](mailto:adelarosa@asep.gob.pa)

## C. Transportation services

### 4. AIRPORT:

Tocumen International Airport has been recognized as one of the more important airports in the region. Panama's privileged geographic position, as a meeting spot between the two Americas and for the entire world, has maintained it permanently as a key element in the area of air transportation, where it has distinguished itself with regard to experience and security. It is located on Domingo Diaz Avenue, just 30 minutes from Panama City.

### 5. TAXI AT THE AIRPORT:

There is a taxi stand in the area outside the airport once you go through Customs. The 30-minute ride from Tocumen Airport to Panama City can cost around \$20.00. The official rate is \$10.00 per person if you share the taxi with four passengers, \$14.00 per person if sharing with two passengers and \$25.00 for a private taxi.

### 6. TAXI IN THE CITY OF PANAMA:

Local taxis are yellow and the rates are based on a zone system. It is recommended to ask/check the rate before you take the cab.

### 7. METRO DE PANAMÁ:

Panama Metro System: It is a modern system of mass transportation consisting in a network of urban trains passing through their own road on Rails and without occupying existing road space, moving passengers efficiently and safely to the nearest station to their final destination. The first underground line starts at the Albrook bus Terminal (as opposed to Albrook Mall) and ends in the Andes shopping center. It covers an area of 13.52 kilometers and has 13 stations. The trip is carried out in 23 minutes. To use this service, you must purchase the Metro Card priced at US\$2.00, which can be purchased at the Metro stations. The cost per trip in the subway is 35 cents. It operates on a regular

schedule from 5:00 am to 10:00 pm from Monday to Saturday and from 7:00 a.m. to 10:00 pm on Sundays.



#### D. Información de Hoteles

HOTEL	TARIFA	OBSERVACIONES	CONTACTO
<b>MARRIOTT PANAMA</b> Calle 52 y Ricardo Arias. Área Bancaria ★★★★★	Premium Deluxe US\$149.00 Executive US\$199.00 Junior Suite US\$239.00 Executive Suite US\$279.00	+ 10% VAT + 10% VAT + 10% VAT + 10% VAT	Tel: (507) 210-9100 Fax: (507) 210-9114 / 210-9222 <a href="http://www.marriott.com">www.marriott.com</a>
<b>HOTEL RIU PLAZA</b> Calle 50 con 53 este Urb. Marbella ★★★★★	Doble Deluxe US\$139.00 Deluxe Family US\$ 199.00 Senior Suite US\$239.00	+ 10% VAT + 10% VAT + 10% VAT  Free WiFi Breakfast included	Tel: (507) 378-9000 Fax: (507) 378-9005 Email: <a href="mailto:reservation.panama@riu.com">reservation.panama@riu.com</a>
<b>SHERATON PANAMA HOTEL &amp; CONVENTION CENTER</b> Vía Israel y Calle 77 San Francisco ★★★★★	Doble Deluxe US\$122.00  Doble Deluxe US\$147.00	+ 10% VAT  + 10% VAT  Breakfast included	Tel:(507) 305-5100 Fax: (507) 305-5101 Email: <a href="mailto:reservas@sheratonpanama.com.pa">reservas@sheratonpanama.com.p a</a>
<b>TRIP BY WYNDHAM</b> Albbrook Mall ★★★★★	Single room US\$159.00 Double room US\$159.00	+ 10% VAT + 10% VAT  Free WiFi Breakfast included	Tel:(507) 307-0300 Fax: (507) 307-0399 Email: <a href="mailto:reservations@tryphotel-am.com">reservations@tryphotel- am.com</a>
<b>HOTEL MARBELLA</b> Calle D, El Cangrejo, detrás del Almacén Collins de Vía España. ★★★★★	Single room US\$55.00 Double room US\$71.50	+ 10% VAT + 10% VAT  Free WiFi	Tel: (507) 263-2220 Email: <a href="mailto:hmarbella@cableonda.net">hmarbella@cableonda.net</a>

<b>HOTEL LAS HUACAS</b> Calle 49 El Cangrejo, atrás del Hotel El Panamá. ★★★★★	Single room US\$88.00 Double room US\$88.00	+ 10% VAT + 10% VAT  Free WiFi Breakfast included	Tel: (507) 213-2222 Email: <a href="mailto:info@lashuacashotel.com">info@lashuacashotel.com</a> , <a href="mailto:reservas@lashuacashotel.com">reservas@lashuacashotel.com</a>
<b>WYNDHAM GARDEN PANAMÁ CENTRO</b> Calle D, El Cangrejo ★★★★★	Suites/Executive room (1 King bed) \$55.00 Suites/Executive room (2 Queen beds) \$65.00	+ 10% VAT + 10% VAT  Free WiFi Breakfast included	Tel: (507) 264-0500 Email: <a href="mailto:ventaswg27@gmail.com">ventaswg27@gmail.com</a>

Please consider that the prices could vary as the event's date approaches.

#### E. Services for the attendees

- **Internet Wireless:** Access to Internet wireless will be available during the event; Wi-Fi password will be provided on site.
- **Translation English/Spanish:** The event will not count with interpretation services.
- **Security:** All the participants should wear permanently the badges for the meeting.

#### 8. RECEPTIONS AND COFFEE BREAKS

The host will offer morning and afternoon coffee breaks.

Lunches will be free. (Lunch will be responsibility of each attendee -1 hour and 30 min. to go out for lunch)

#### E. General information

<b>Government:</b>	Democratic System Unitary presidential
<b>President:</b>	Juan Carlos Varela
<b>Vicepresident:</b>	Isabel Saint Malo de Alvarado
<b>Total area:</b>	78,569 km <sup>2</sup>
<b>Population:</b>	3,706,596(2014)
<b>Capital:</b>	Panama
<b>Oficial Languaje:</b>	Spanish
<b>Time zone:</b>	EST (UTC-5)

You may find general information about Panama at the following link:

<http://es.wikipedia.org/wiki/Panam%C3%A1>

#### E. Useful information

- Police: Hotline: 104
- Ambulance: 911 Hotline
- Fireman: Carrasquilla: 512-6160  
Bethania: 512-6166

- Pharmacies: Panama City has a number of recognized pharmacy chains and strategically located nationwide level, such as: Arrocha Pharmacies, Rey Group Pharmacies, Metro Pharmacies, Econo Pharmacies and Pharmacies Super 99; which offer excellent quality of medicines, and some of these, offer a wide range of products and services.

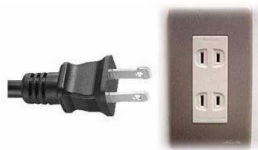
## 9. CLIMATE:

The climate is tropical in Panama. The temperatures are relatively high but vary during the year. In the West (Pacific Ocean side) of the country, the temperatures are usually lower than in the East (Atlantic side).

Temperatures in Panama City range between 26 ° and 34 ° C and 70-85% relative humidity during the event

## 10. ELECTRICITY:

Panama uses electrical plugs type A and B.



Type A



Type B

The electrical voltage in Panama is 110V – 120V and the frequency is 60Hz.

## 11. CURRENCY:

The official currency of the Republic of Panama is the Balboa. However circulating paper currency is the American dollar. The US dollar circulates freely being the rate of change 1 Balboa = 1 Dollar.

## F. Places to visit

- 12. MIRAFLORES VISITOR CENTER:** Located on the east side of the Miraflores Locks, the Miraflores Visitor Center is the ideal place to observe the Canal operations. From large balconies, visitors can watch as the lock gates are opened and closed for ships to start or complete their journey through the Canal. **Center Hours:** From Monday to Sunday, holidays included. **Ticket Office:** 9:00 a.m. - 4:30 p.m. **Exhibition halls, snack bars and gift shop:** 9:00 a.m. - 4:30 p.m. **Restaurant:** 12:00 p.m. - 11:30 p.m.



- 13. CASCO ANTIGUO - OLD TOWN:** Panama's historic quarter. It is the oldest neighborhood of Panama City, where the ancient and the modern coexist in harmony making your visit a memorable and pleasant experience. It was declared a world heritage site by UNESCO. It's not just history, is a place to taste different types of meals and drinks in outdoor cafes. In addition to enjoy music and varied entertainment offered by restaurants and bars, you will also find several souvenir places with a variety of typical crafts of Panama.



- 14. LA CINTA COSTERA – COASTAL STRIP:** The Coastal Strip of Panama City is a place to enjoy the green areas without leaving the metropolis. The strip covers 35 hectares, 16 of which are completely devoted to green spaces. Bordering the Bay of Panama, the strip links modern Punta Paitilla to the Old Town district. As you walk along, the road takes you from skyscrapers on one end to colonial-





era constructions on the other.

**15. MALLS:** In Panama City we can mention four commercial and a large, eye-catching attraction for tourism Malls: Multicentro, Multiplaza, Albrook Mall and Metromall.

- **Multicentro:** Located on Balboa Avenue, Paitilla. It has 100 stores, a world-class casino, 9 cinemas last generation, entertainment centers for children, a Food Court for 1,000 people, two restaurants and 3,000 free parking under roof.

**Hours:** Monday to Thursday: 10:00 am - 8:00 pm; Friday and Saturday: 10:00 am - 9:00 p.m .; National or Sundays and holidays: 11:00 a.m. to 7:00 pm



- **Multiplaza Pacific:** Located in Punta Pacifica. With 60 000 m2 of retail space, it has over 280 establishments including department stores and luxury and modern cinemas and more than 47 restaurants and cafes to suit every taste and budget. It is a unique place to enjoy the most prestigious brands in the fashion industry like Louis Vuitton, Chanel, Cartier, Carolina Herrera, Bvlgari, Hermes, among others.

**Hours:** Monday to Saturday 10:00 am - 8:00 pm Sunday 11:00 am - 7:00 pm



- **Albrook Mall:** This monumental center, located between the Marcos A. Gelabert International Airport and the Grand National Transportation Terminal, has more than 500 shops of all kinds including clothing stores, accessories, jewelry, technology, crafts and sporting goods. There are 34 restaurants, a cinema complex and bowling alleys.

**Opening Hours:** Monday to Saturday: 10:00 am - 9:00 pm; Sunday: 11:00 am - 8:00 pm .; Holidays and National Days: 11 a.m. to 7:00 pm



- **Metromall:** Located just 10 km from the International Airport of Tocumen, at Ave. Domingo Diaz. It has 280 shops, 40 restaurants, 10 cinemas and most important banks, pharmacies and supermarkets. It offers "from - to the airport" Free transport. Metromall is strategically positioned to offer pricing options to passengers purchasing "in transit" and all other visitors.

**Hours:** Monday to Saturday 10:00 a.m. to 8:00 pm; Sunday 11:00 a.m. - 07:00 p.m.



## 16. CONTACTS

- *Pablo Palacios*  
UIT Area Office Chile  
Tel: + (56) 2 2632 6134  
Celular: 56-9-8739-2576  
Email: [pablo.palacios@itu.int](mailto:pablo.palacios@itu.int)
- *Ernesto Díaz*  
Networking Subdirector  
Autoridad Nacional de los Servicios Públicos (ASEP)  
Tel: + (507) 508-4614  
Email: [ediaz@asep.gob.pa](mailto:ediaz@asep.gob.pa)

**ANNEX 1**

**INVITATION LETTER REQUEST FORM**

All foreign visitors entering to Panama must have a valid passport. Visitors from countries **whose citizens require a visa should at the earliest time and well in advance of travel apply for a visa at a Panama Embassy or Consulate.** You may need a letter of invitation from Panama host, which you will need to present to the Panama Embassy/Consulate in your area in order to obtain your visa. The visa must be requested at least four (4) weeks before the date of beginning of the meeting and obtained from the office (embassy or consulate) representing Panama in your country or, if there is no such office in your country, from the one that is closest to the country of departure. In order to obtain the invitation letter, please:

- a) Fill out the form below
- b) Send it to (please reference **“Regional Forum on Interconnectivity, Cyber Security and IPV6 - Panama”** as the subject):  
 [Name, Last Name]  
 Tel: XXXXXXXX  
 Email: XXXXXXXX

(It is recommended to scan your passport page and email or fax it to us so that it is discernible and can be used.).

<b>Company</b>			
<b>Applicant Information</b>	[ Click and Type in your full name ]	<input type="checkbox"/> Mr <input type="checkbox"/> Ms <input type="checkbox"/> Mrs	
	[ Nationality ]	[ Passport No.]	
	Date of birth :	[ Job Title ]	
	Is this your first visit to Panama?	__ Yes    __ No	
	If the country in which you'll obtain your visa is different from your nationality, please indicate it here: [ Country to obtain your visa]		
<b>Address</b>			
<b>Places to visit after entry</b>			
<b>Date of arrival in Panama</b>		<b>Date of departure from Panama</b>	

*(Please do not forget to attach a copy of your passport photograph page before sending.)*  
**In order to receive an invitation letter, your information should be provided to the host before August 12, 2015.**

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