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TELECOMMUNICATION STANDARDIZATION SECTOR OF ITU



# SERIES K: PROTECTION AGAINST INTERFERENCE

Mitigation techniques to limit human exposure to EMFs in the vicinity of radiocommunication stations

Amendment 1: Appendix I – Software "EMF-estimator" v8.0.32 and v8.64

Recommendation ITU-T K.70 (2020) - Amendment 1



# **Recommendation ITU-T K.70**

# Mitigation techniques to limit human exposure to EMFs in the vicinity of radiocommunication stations

### Amendment 1

#### Appendix I – Software "EMF-estimator" v8.0.32 and v8.64

#### **Summary**

The EMF-estimator software that is Appendix I of Recommendation ITU-T K.70 uses Microsoft Access databank for the collection of input and output data. As various versions of Microsoft Access exist, different installation procedures need to be used to obtain a software that operates properly on a dedicated PC. Amendment 1 to Recommendation ITU-T K.70 adds clause I.10 to clarify the installation procedure.

#### History

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# Mitigation techniques to limit human exposure to EMFs in the vicinity of radiocommunication stations

# Amendment 1

# Appendix I – Software "EMF-estimator" v8.0.32 and v8.64

(This appendix does not form an integral part of this Recommendation.)

The EMF-estimator software has been developed to support the application of the methods described in this Recommendation. It may help to make an estimation of the cumulative exposure in the vicinity of transmitting stations in the case of many different transmitting systems operating at different frequencies. The EMF-estimator is one of the available programs that may be used for that purpose. This software is not intended to be used, and in fact cannot be used, for any certification procedure of the transmitting equipment.

# I.1 Applicability of the EMF-estimator

The EMF-estimator software uses the point source model (described in clause 6.3) and exploits the radiation patterns contained in the attached library or introduced by the user. The radiation pattern may have a full, two-variable 3D form  $f(\theta,\phi)$  (a function of azimuth and elevation angles) or may be represented by the horizontal and vertical radiation patterns HRP( $\phi$ ) and VRP( $\theta$ ). The credibility of the calculation is strongly affected by the model used and depends on the region under investigation and available data concerning a transmitting antenna and operating channels (carriers).

Generally, the results of calculations are adequate in the far-field region and give acceptable results in most of the radiating near-field region. Depending on the direction, one may expect an overestimation or underestimation of the field in the radiating near-field region. The EMF-estimator should not be used for calculations in the reactive near-filed region because the models on which it is based are too simple to describe correctly the real conditions determining the EMFs distribution, so for this region the results are not presented by the software.

The calculations are more credible if a full radiation pattern  $f(\theta, \phi)$  is used. Sufficiently good estimations are also achieved if horizontal and vertical radiation patterns HRP( $\phi$ ) and VRP( $\theta$ ) are applied. The influence of the radiation pattern and, consequently, the importance of the exactness of its knowledge grows with increasing transmitting antenna gain.

As from version v6.0 the cylindrical antenna model has been included, which allows for substantial reduction of the area excluded from calculations, however with a higher level of overestimation.

In the EMF-estimator package, the library is included, containing examples of the radiation pattern for many typical radiocommunication and broadcast services. One should note, however, that if the radiation patterns are used for antennas that are only similar to those in operation, the results of the calculations should be regarded as an estimation only. In many practical cases in which radiation levels are far under the limits, such estimation can be sufficient.

The input data for the EMF-estimator contains the operating frequency and the size of each transmitting antenna. Based on these data, the area around an object is split into regions of the field. For the area very close to the transmitting antennas, appropriate information appears on the screen. In practice, only the area in very close proximity to the transmitting antenna (people do not usually have access to this area) cannot be analyzed with the use of the EMF-estimator.

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The EMF-estimator evaluates:

- electric field strength;
- magnetic field strength;
- the equivalent plane-wave power flux-density;
- near- and far-field region distances;
- compliance distances (for general public and occupational exposure);
- cumulative exposure coefficients *W<sub>t</sub>* and *W<sub>e</sub>*;
- charts with reference levels as functions of the distance;
- reference levels related to the ICNIRP limits.

The program uses a library of the radiation patterns for typical antenna systems, but it is possible to introduce user-prepared data concerning the transmitting antenna radiation pattern.

The accuracy of the results of calculations is strongly affected by the accuracy of the input data concerning the transmitting equipment (mainly transmitting antennas). The problem is that in many cases the data, especially concerning the radiation patterns, are not available or are known with limited accuracy.

# I.2 Typical situation

Figure I.1 explains some terms used in the EMF-estimator.





### I.3 Software description

Figure I.2 shows the main screen of the EMF-estimator. It consists of three tabs. In the "Radiation sources" tab there are names and input data concerning each operating frequency. On this page, one can choose the antenna system radiation pattern. If the blank field is chosen, then the HRP and VRP for each observation point have to be introduced manually. If no information is available concerning the transmitting radiation pattern, the "isotropic" radiation pattern may be used, but this will lead to an overestimation of the field, growing with the antenna gain. It is also possible to choose the 3D radiation pattern.

The "Source – XXX" tab (Figure I.4) shows results of calculations for the XXX source of radiation (operating frequency). There is also a button on this screen that allows for the visualization of the distribution of the equivalent plane-wave power density, produced at a chosen operating frequency, as a function of the distance along an observation line defined by the user.

The "Antenna orientation and calculations" Tab (Figure I.3) is designed to input the location of each transmitting antenna and the parameters of the user-defined observation points line. The data have to be introduced in the respective blank spaces.

The main toolbar allows users to input options such as: open/save project, import new radiation pattern, add/remove sources, print, chart with the ICNIRP reference limits and cumulative exposure, which makes possible the calculation of the cumulative exposure for all the sources introduced in the project (see the main toolbar).

adiation sources Source - FM Anten	na orientation and calculations
System name M V_ch_31 V_ch_36 3SM900_source_1 3SM900_source_2	Image: Solution and Calculations         Type of service coefficient - nominal/mean transmitter power         Transmitter power         Transmitter power         Transmitter power         Peeder attenuation         0.431         Additional attenuation         0.5         Gain referred to isotropic arterna         10.6         Gain referred to isotropic arterna         CRIP 2195.4         M HPR (Φ)         11.00         Complance distance(s) may be overestimated         Simultaneous exposure to multiple sources         Mainy themal effect: 100 KHz - 300 GHz         Coupational         Transmitting antenna height       22.2 m         Mainy electrical simultaneously       0.33         0.07       %         Azimuth from the anterna to the observation point       39.39 m         Bevation angle from thransmitting anternan to the observation point       39.39 m         Distance from the atterna to the observation point       39.39 m         Bevation angle from thransmitting anternan to print and stransmitting anternan to print anternan to print and stransmittion and from the anternan to the observation point top and from the anternan to the observation po
	Limits file ICNIRP EMF-estimator validity: $(D/2 + 2.5\lambda, \infty)$ 13.10 m $\infty$ m
Reflection from (he ground (factor 2.56) File with HRP and VR FM\FM_H_4x4_098_ Additional comments	Show / Set EMF File K5231187.emf K521187.emf K521187.emf K521187.emf K521187.emf K52187.emf K52187.emf K52187.emf K52187.emf K52187.emf K52187.

Figure I.2 – Main screen of the EMF-estimator with "Radiating sources" tab opened





Distance X		Y Z Power ^		Type of service coefficient - GSM		~	Electric field strength				mV/m			
fuil	fuil	fund	fud	[mW/m2]	Transmitter power		50	W		Pov	wer density	0.043	mW/n	
0.00	0.0	0 0.00	1.50	0.0426	Feeder attenuation 5.		tion 5.47 dB/100m	dB/100m	Accompanied m farfield	region, plane wave)		0.336	mA/m	
0.25	-0.0	4 0.25	1.50	0.0479		Feed	ler length	40	m	Exposure limits	D.4.1-		0	
0.50	-0.0	7 0.49	1.50	0.0536		Additional at	tenuation	0.2	dB	Electric field limit	42.32	V/m	92.34	V/m
0.75	-0.1	1 0.74	1.50	0.0595		Total at	tenuation	2.39	dB	Power density limit	4.75	W/m 2	22.62	W/m
1.00	0.1	5 0.00	1.50	0.0656	Gain referre	ed to isotropic	antenna	17.15	dBi	ICNIRP Compliance distance	e 5.03	m	2.31	m
1.00	-0.1	0 1.99	1.50	0.0000	Gain n	erened to A	2 dipole	(6) 0 11	050 MP	Compliance distance(s) may	be overe	stimated		
1.25	-0.1	9 1.24	1.50	0.0720	ERP 914.5 W HRP(0) -0.1153 dB				Simultaneous exposure to multiple sources					
1.50	-0.2	2 1.48	1.50	0.0789	EIRP (after type	499.7 W	F (6	(d) 0.01	99 V/V	Mainly thermal effect: 100	kHz - 30	0 GHz	Ormention	
1.75	-0.2	6 1.73	1.50	0.0861	of service	Mech	anical dow	ntilt 0	deg	This source	0.00	%	0.00	34
2.00	-0.3	0 1.98	1.50	0.0933	т	ransmitting a	ntenna heij	pht 35	m					
2.25	-0.3	3 2.23	1.50	0.1008	Distance from the start to the observation point 0 m Dist, from the antenna to the observation point 33.50 m				m	Mainly electrical stimulation	on effect:	1 Hz - 10 M	IHz	
2.50	-0.3	7 2.47	1.50	0.1084					0 m		Public	-	Occupationa	el 👘
2.75	-0.4	1 2.72	1.50	0.1161	Elevation angle	to the obs	itting anten ervation po	int 180.	0 deg	This source	0.00	%	0.00	%
3.00	-0.4	5 2.97	1.50	0.1239	Azimuth from the ar	ntenna to the	observ.pc	int -8.5	deg					
3.25	-0.4	8 3.21	1.50	0.1318		-		Field F	legions :		from		to	
3.50	-0.5	2 3.46	1.50	0.1398	Frequency	947.5	MHz			Reactive near-field: $(0, \lambda)$	0	m	0.32	m
3.75	-0.5	6 3.71	1.50	0.1474	Maximum size of the antenna	2.4	m	Radia	ating near-fie	Id: $(\Lambda; \max(3\Lambda, 2D^2/\Lambda))$	0.32	m	36.41	m
4.00	-0.5	9 3.96	1.50	0.1552 ¥	Limits file	ICNIRP			ranied: UE collegator	(max(3 / , 20 / / ), 00 )	1 00	m	00	m
				>				-	wir tesumator	Validity. ( D/2 + 2.570 , w )	1.55		1.00	m
					Chart	Export				Receiving point locate cylindrical and point- calculations ma	d in radi source m ay overes	ating nea nodel are stimate re	r-field regio used. Resu al values !	n. The Its of
TU MARKAN	ne al Nume atro													

Figure I.4 – Screen of the EMF-estimator with "Source – XXX" tab opened



Figure I.5 – Screen of the EMF-estimator – the results of the cumulative exposure calculations

It should be noted that the results of the calculations are strongly affected by the accuracy of the input data and the limitations of the model. Since the radiation patterns are given on the one-degree lattice, the curves may not be smooth for very high gain antennas because, for quickly varying functions, a one-degree step can be too big.

# I.4 Compliance distances

The "Source – XXX" tab also presents the results of the calculation of the compliance distances. If the distance is greater than  $0.6 \times D2/\lambda$  then the results are shown. If it is smaller, then the overestimating value is shown, i.e., the lower value of the two: at the distances  $0.6 \times D2/\lambda$  and at distance at which the radiation limit is achieved under the assumption of isotropic radiation pattern  $(f(\theta, \phi) = 1)$ . It should be noted that, in some cases, such an overestimation may be quite big.

### I.5 Coefficient concerning transmitter power

An additional explanation is needed for the parameter "Type of service coefficient – nominal/mean transmitter power". This parameter is required because in many cases the nominal (rated) transmitter power (known for the user) is different from the mean transmitter power (required in the formula for the rms electric field strength calculation). After choosing the type of service, the nominal transmitter power will be automatically multiplied by a suitable coefficient. Table B.1 contains the coefficients for the most commonly used types of radiocommunication services.

# I.6 Library – radiation patterns of the antenna systems

In the folder "Library", the files containing radiation patterns for some typical antenna systems used in radiocommunication and broadcasting are collected. There are patterns for FM, TV VHF, TV UHF, GSM 900, GSM 1800, AM and radio relay link antennas. Of course, this library contains only examples of possible configurations of antennas and antenna systems that are in use worldwide. It should be noted that each broadcasting antenna is individually designed and there are no two identical systems. However, the antennas included in the library represent typical solutions realized in many telecommunication systems. There is also a subfolder "User input templates" containing "User\_2D\_Import\_Radiation \_Pattern.csv" and "User\_3D\_Import \_Radiation \_Pattern.csv" files, in a format that enables importing user data for any additional antenna, by using the import option of the EMF-estimator. Such files may then be added to the library and used in the calculations.

### I.7 Examples of calculations

Folder "Examples" stores the projects with the results of calculations presented in this Recommendation. It is possible to open any project and to follow the respective calculations. It is also possible to introduce changes to observe how these influence the results.

### I.8 Additional comments

- a) The minimum input data required for the electric field strength calculations are the values of EIRP (or ERP), operating frequency, size of the antenna and the distance from the transmitting antenna to the observation point.
- b) In many situations there are no data concerning the radiation pattern of the antenna system. In this case it is reasonable to assume  $f(\theta, \phi) = 1$ . It should be noted, however, that the calculations under such an assumption will give the maximum value of the electric field strength, i.e., valid only in the direction of the main beam of the antenna (the direction of the highest radiation level), and some higher values in all the other directions.
- c) If there is an access to the data for feeder attenuation and additional losses in the antenna feeding system, then the results of calculations of the EIRP are more accurate. Otherwise, the typical value of attenuation should be introduced (in most cases about 3 dB).

### **I.9** System requirements

- MS Windows XP/7/8/10;
- Microsoft Access (32 or 64-bit).

# I.10 Installation procedure

Depending on a version of Microsoft Access installed on the considered PC, a proper version of the installation file should be used: "Install v8.32" or "Install v.8.1.64". In case of no Microsoft Access installed, it is advised to use "Install v8.32".

If there is a problem to run EMF-estimator with Access 64 bit – it is caused because **AccessDatabaseEngine** is different for the MS Access 2010, 2013, 2016, and 2019.

Depending on the user version, the file "AccessDatabaseEngine\_X64.exe" should be loaded and installed using the following links:

- 1. MS Access 2019: <u>https://www.microsoft.com/pl-pl/download/confirmation.aspx?id=54920</u>
- 2. MS Access 2016: <u>https://www.microsoft.com/en-us/download/details.aspx?id=50040</u>
- 3. MS Access 2013: <u>https://www.microsoft.com/en-us/download/details.aspx?id=39358</u>
- 4. MS Access 2010: <u>https://www.microsoft.com/en-ca/download/details.aspx?id=10910</u>

It may be done before or after installing EMF-estimator.

In some cases it may be also required to install "MSVCR100.DLL" or "VCRUNTIME140.DLL" available on <u>https://support.microsoft.com/en-us/help/2977003/the-latest-supported-visual-c-downloads</u>.

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