

**Smart Healthy Age-Friendly Environments (SHAFE)** 

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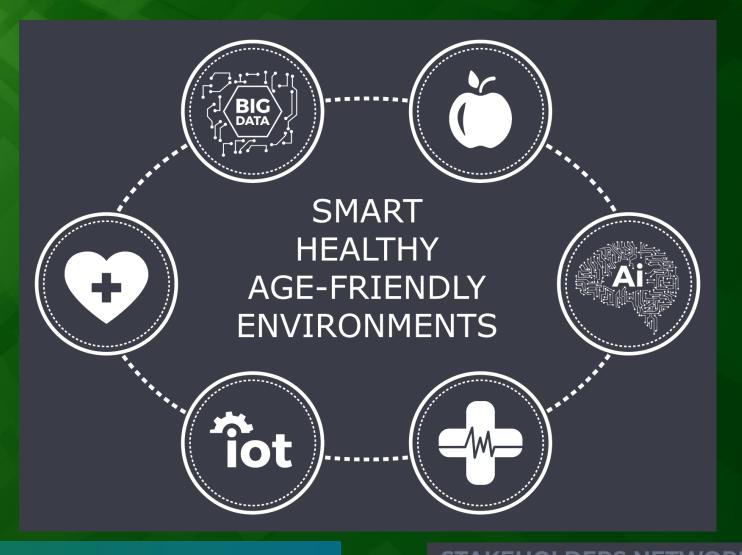
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If people should age at their own homes, how to align technological development with the building industry for smart environments in terms of POLICY and FUNDING, enhancing a more efficient health care system that may add better quality for less investment?





**THEMATIC NETWORK 2018** 

SMART HEALTHY AGE-FRIENDLY ENVIRONMENTS



STAKEHOLDERS NETWORK
WHITE PAPER
2019 | 2020

## WHY SMART HEALTHY AGE-FRIENDLY ENVIRONMENTS?



The aim of SHAFE interventions is to facilitate older people to:

- Stay healthy
- Live independently and continue to participate in society and combat isolation
- Stay active to do (voluntary) work and informal care

Older people are heterogeneous and their profile changes over time!











## **EXAMPLES OF SHAFE INTERVENTIONS**





- Hands-on SHAFE is an <u>Erasmus+ project</u> that aims to deliver informal learning experiences and hands-on tools to implement <u>SMART</u> and <u>HEALTHY BUILT</u> environments or to develop <u>BUSINESS</u> in this area.
- JUST RELEASED six National Reports on SHAFE with information gaps on needs and demands on the side of end-users.



 International Interdisciplinary Network on Smart Healthy Agefriendly Environments (NET4AGE-FRIENDLY) is a <u>COST Action</u> with the aim to promote social inclusion, independent living and active and healthy ageing in society.



• EU-SHAFE is an Interreg Europe project that will improve policies and practices in 7 European regions by developing a comprehensive approach to SHAFE and enabling it.

## **Summary of SHAFE Smart Healthy Age-Friendly Environments**



WHY?

Health, participation, individual, functional and intrinsic quality of life, workforce, informal care and silver economy.

WHAT?

SHAFE has its roots on the holistic age-friendly environments concept, WHO 2007, and has been further developed into the new era of digitalization and health.

HOW?

Become member of a network; Learn from others; Think out of the box; Co-creation with stakeholders (Design Thinking – UCD; Study tours; Guidelines; Standards and Indicators; Monitor and celebrate success; Learn from mistakes.





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