

DSC WATCH - Coast stations participating in MF, HF and VHF watch-keeping using digital selective calling techniques

DC1 MRCC Gdynia.

MED- ADVICE - Stations transmitting medical advice

MD1 Medical advice is available free of charge to ships at sea.

MD2 On request.

MD3 Medical consultations are exchanged in Polish or English.

MD4 Receiving frequency 2054 kHz.

METEO - Stations transmitting regular meteorological bulletins

BM1 During the ice season.

BM2 VHF weather transmission for aircraft in English only.

BM3 Weather messages for shipping in English and Polish.

NOTICE NAV - Stations transmitting notices to navigators

NA1 Notices are transmitted in Polish and English.

NA2 Notices are transmitted after preliminary announcement on 2182 kHz and 156.80 MHz (c.16).

NA3 On request.

UTC - Stations transmitting radio time signals

- HR1** Legal time: one hour ahead of UTC.
- HR2** The transmitting hours are as follows:
weekdays: 0000, 0300, 0400, 0500, 0900, 1200, 1600, 1700, 1800, 1900, 2000, 2100, 2200 and 2300 h;
Saturdays: 0000, 0300, 0400, 0500, 0900, 1200, 1300, 1700, 1800, 1900, 2000, 2200 and 2300 h;
Sundays: 0000, 0300, 0400, 0500, 0600, 00700, 0800, 1100, 1200, 1300, 1400, 1500, 1600, 1700, 1800, 1900, 2000, 2100, 2200 and 2300h.
- HR3** Broadcasting station.
- HR4** The time signal consists of 6 pips transmitted by the quartz crystal clock at seconds 55, 56, 57, 58, 59 and 60.

CP - Coast stations providing a public correspondence service

- CP1** Used only for distress, urgency and safety communications.
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