

DSC WATCH - Coast stations participating in MF, HF and VHF watch-keeping using digital selective calling techniques

DC1 All radio stations are remotely controlled from the Coast Guard Centre in Den Helder (JRCC Den Helder).

MED- ADVICE - Stations transmitting medical advice

MD1 Medical advice may be obtained from the station Netherlands Coast Guard Radio (PBK) by ships of any nationality. After preliminary call on MF DSC 2187.5 kHz, a working frequency will be indicated to the ship.

Medical advice may be obtained from the station Netherlands Coast Guard Radio (PBK) by ships of any nationality. After preliminary announcement on 156.8 MHz (C16), a working channel will be indicated where the ship will be connected to a doctor of the Medical Advice Service.

Medical advice may be obtained from the station Netherlands Coast Guard Radio (PBK) by ships of any nationality via INMARSAT using SAC code 32 or 38 (INMARSAT-C telex). The ship will be prompted on the procedure or via INMARSAT voice where the ship will be connected to a doctor of the Medical Advice Service.

MD2 Receiving frequencies 2045, 2048, 2051, 2054 and 2057 kHz.

MD3 Receiving frequency 2520 kHz.

RCC's - Rescue coordination centers (MRCC, RCC, MRSC, JRCC)

RC1 The Netherlands Coast Guard (JRCC Den Helder) co-ordinates search and rescue operations within the Netherlands Continental Shelf area and the inshore waters Waddenzee, IJsselmeer, and in Zeeland and Zuid-Holland estuaries.

JRCC Den Helder keeps watch as follows:

Identification	Frequency / Channel	Watch schedule
	C16	H24
002442000	C70	H24
	2182 kHz	After prior announcement on 2187.5 kHz
002442000	2187.5 kHz	H24

During normal radiocommunications the Netherlands Coast Guard will use the call sign “this is Netherlands Coast Guard”. During search and rescue operations the Netherlands Coast Guard will use the call sign “this is Den Helder Rescue”.

JRCC Den Helder is associated with XANTIC LES 12 (LES BURUM) for Inmarsat distress, urgency and safety traffic.

Inmarsat Code LES 12 (LES BURUM) for regions:

- AORW (012)
- AORE (112)
- POR (212)
- IOR (312)

All accidental transmissions of distress, urgency or safety signals on MF/VHF voice or DSC, or Inmarsat and accidental activation of an EPIRB (Emergency Position Indicating Radio Beacon) must be immediately reported to the Netherlands Coast Guard (JRCC Den Helder).

METEO - Stations transmitting regular meteorological bulletins

BM1 Weather reports may also be obtained, on request, on the frequencies 123.70, 123.85, 124.30, 125.75, 128.35 and 129.30 MHz.

BM2 METAR reports, in English plain language, of the following aerodromes:

1. Schiphol
2. Rotterdam Airport
3. Bruxelles/Aéroport national
4. Düsseldorf
5. Hamburg
6. Bremen
7. København/Kastrup
8. London (Heathrow) Airport

BM3 Gale warnings will be transmitted:

- a) directly upon receipt, after prior announcement on MF DSC 2187.5 kHz;
- b) at the next scheduled time, without prior announcement.

BM4 Safety messages will be transmitted:

- a) if necessary, directly upon receipt, after prior announcement on MF DSC 2187.5 kHz;
- b) at scheduled times, without prior announcement.

BM5 Gale warnings will be transmitted:

- a) directly upon receipt, after prior announcement on VHF DSC channel 70 (the VHF channel upon which the message will be transmitted will be included in the DSC message) and on VHF channel 16;
- b) at the next scheduled time, after prior announcement on VHF channel 16.

- BM6** Safety messages will be transmitted:
- a) if necessary, directly upon receipt, after prior announcement on VHF DSC channel 70 (the VHF channel upon which the message will be transmitted will be included in the DSC message) and on VHF channel 16;
 - b) at the scheduled times, after prior announcement on VHF channel 16.
- BM7** Weather forecasts for the Netherlands coastal waters and the IJssel Lake after prior announcement on VHF channel 16.
- BM8** Weather forecasts for the North Sea.

CP - Coast stations providing a public correspondence service

- CP1** The station participates in search and rescue operations within the Netherlands Continental Shelf area and the inshore waters Waddenzee, IJsselmeer, and in Zeeland and Zuid-Holland estuaries.
- CP2** NETHERLANDS COAST GUARD RADIO (PBK) keeps continuous watch on MF/DSC (2187.5 kHz), on VHF channel 16 and on VHF/DSC (channel 70) for distress, urgency and safety traffic.
- CP3** NETHERLANDS COAST GUARD RADIO (PBK) transmits safety messages, gale warnings and weather forecasts on 3673 kHz, 161.750 MHz (channel 23) and 161.775 MHz (channel 83) as well as on NAVTEX 518 kHz.
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