



ITU-USF PAKISTAN WORKSHOP

ON

“INTERNET ACCESS AND ADOPTION”



10-11 OCTOBER 2018,
ISLAMABAD, PAKISTAN

PARTICIPANT INFORMATION

VENUE

Islamabad Marriott Hotel

Address: Aga Khan Road, Shalimar 5,
Islamabad 44000, Pakistan
Tel: +92 51 2826121

HOTELS

No	Name of the Hotel	Room Rate (Approx. per night)
1	Islamabad Marriott Hotel Address: Aga Khan Road, Shalimar 5, Islamabad 44000 Pakistan Tel: +92 51 2826121 Fax: +92 51 2825113 URL: http://www.marriott.com/hotels/travel/isbpk-islamabad-marriott-hotel	USD 172-180

2	<p>Islamabad Serena Hotel Address: Khayaban-e-Suhrawardy Islamabad Tel: +92 51 287 4000 Fax: +92 51 287 1092 URL: http://www.serenahotels.com/serenaislamabad/default-en.html</p>	USD 181-190
3.	<p>Ramada Islamabad Hotel Address: 1 Club Road, Murree Road, Islamabad, Pakistan. Tel: +92 51 111 379 379 Fax: +92 51 287 5099 Email: info@ramadaislamabad.com URL: http://ramadaislamabad.com/</p>	USD 130-140
4.	<p>Hotel Margala Address: M2 near Convention Centre Islamabad, Pakistan Tel: +92 51 111 901 901 Fax: +92 51 2274 054 Email: isb@hotelmargala.com URL: http://www.hotelmargala.com</p>	USD 84-105

Note: In case of any booking issues, please contact Mr. Munib Aslam, munib.aslam@usf.org.pk. Payments will be the responsibility of the guests which may be made through Cash/Credit Cards. Guests are advised to process their hotel booking at least 10 days prior to the event.

IMMIGRATION REQUIREMENTS

All foreigners coming to Pakistan need a valid passport. Pakistan Missions abroad are authorized to grant Visit/Tourist Visa for three months validity and stay with double entry to foreigners of 175 countries. Participants are requested to contact Pakistan embassy in their country and ensure that they possess visa for the period of stay in Pakistan. For more information about the countries list and Visa info please click here for Visa Category or follow the link below:

URL: www.dgip.gov.pk/Files/Visa%20Categories.aspx

For quick info about Visa Policy, Visa Categories and Immigration Policy, you can also visit direct links as follows:

Visa Policy: www.dgip.gov.pk/files/Visa.aspx

Visa Categories: www.dgip.gov.pk/Files/Visa%20Categories.aspx

Immigration Policy: www.dgip.gov.pk/Files/Immigration.aspx

For Visa Facilitation letter contact points given at the end of this document may be contacted with following documents:

- Recent photograph

- Copy of Passport (six month validity is required)
- National ID Card copy (if any)
- Confirm E-ticket
- Confirm Hotel Booking

TRANSPORTATION & AIRPORT PICK/DROP

Universal Service Fund Company will provide pick-and-drop services to the guests. However, it will be contingent upon guests to timely inform USF, via Munib.aslam@usf.org.pk, of their arrival departure flight details to avoid any inconvenience.

In addition to above, the facility of Radio Cabs, and car rental services can be availed from reception desk of hotels at reasonable rates. Uber and Careem are also available via their respective Apps.

The most commonly used mode to travel in twin cities of Islamabad and Rawalpindi is by Careem.

HEALTH REQUIREMENTS

ITU requests all participants to ensure medical and travel insurance covering the whole period of the overseas travel. Neither ITU nor PTA/MoIT will be able to meet any expenses relating to injury, accident or medical treatment of the participant.

OTHER INFORMATION

PRACTICAL INFORMATION ABOUT ISLAMABAD, PAKISTAN

Combining a rich history, the confluence of many a civilization and temperate climate, Islamabad - the capital city of Pakistan - is one of the most beautiful cities in the South Asian region. Wide, tree-lined streets adorn the various sectors and zones of the city, making it accessible and spectacular. Administratively, the city is located within the Islamabad Capital Territory, which is federally controlled, even though historically Islamabad has been a part of the Punjab province; more specifically the Potohar Plateau. The city was born in 1960 to replace Karachi as the capital. It has a population of over a million and together with its neighbouring twin city of Rawalpindi, the greater Islamabad-Rawalpindi metropolitan area is the third largest in Pakistan with a population of over 3 million.

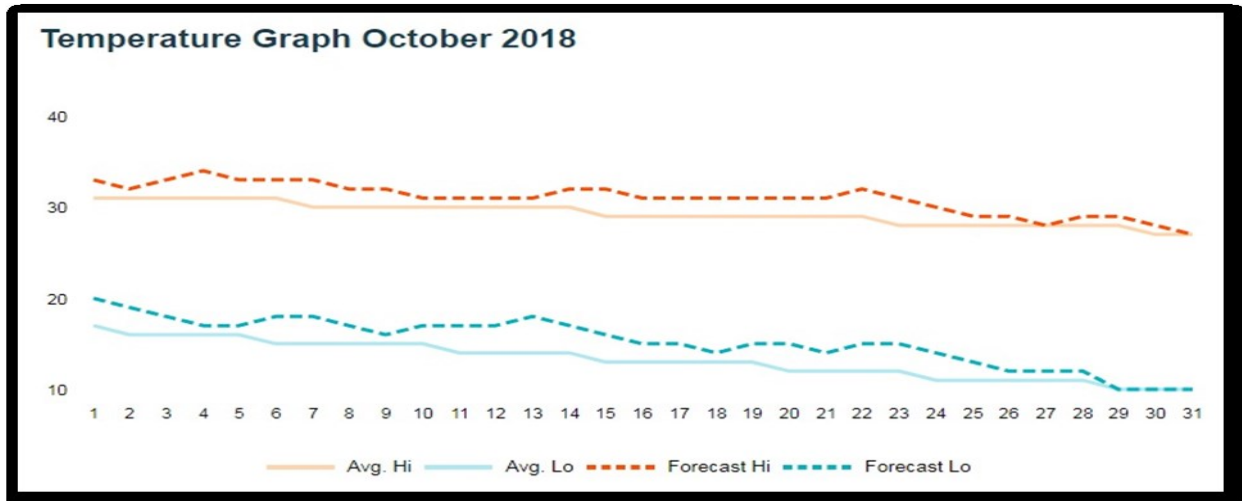
Following website contains useful information about Islamabad:

<http://www.islamabad.gov.pk/>

WEATHER

The month of October is characterized by falling daily high temperatures, with daily highs decreasing from 30°C to 20°C over the course of the month, but sometimes exceeding 33°C or dropping below 15°C only one day in ten.

Also, please see below the typical expected temperature chart for October 2018.



TIME ZONE

Pakistan is covered by a single time zone. Local time is GMT +5.

BANKS & CURRENCY

The Pakistani currency unit is Rupee. Travellers cheques (best carried in US Dollars or Pounds Sterling) are accepted at most banks, four and five star hotels and major shops. It is recommended that participants may keep some US Dollars in cash for expenses in Islamabad. However, larger shops and hotels accept credit cards, mostly VISA, MasterCard and American Express. Bank hours are from 9am to 5pm Monday to Thursday, 9am to 12:30pm & 2:30pm to 5:30pm on Fridays. Bargaining is expected in street markets and small stores.

CURRENCY EXCHANGE

One US Dollar can be exchanged for about 125 Pakistani Rupees. Euros, Pound Sterling, and other major currencies can be easily exchanged. Foreign currency in cash is allowed up to a limit of 5,000 USD (equivalent). Currency exchange facilities are available in most banks and (registered) currency changers as well as the airport. Major hotels also provide currency exchange facility but may charge commission. Exchanging money in the street is not advisable.

Market exchange rate may be obtained from State Bank of Pakistan:

<http://www.sbp.org.pk/ecodata/rates/m2m/M2M-Current.asp>

COMMUNICATION

The international dialling code for Pakistan is 92. The outgoing international code is '00' or '+', followed by the relevant country code (e.g. 0027 for South Africa). City/area codes are in use, e.g. (0)51 for Islamabad, (0)21 for Karachi. There are four GSM 900 and 1800 mobile networks in operation, providing fair coverage, concentrated in urban areas. Internet cafes and Wifi environments exist at many places in the city.

EMERGENCY NUMBERS

Emergencies Police: 15

Fire Brigade: 16

Ambulance: 115

Ambulance/Rescue: 1122

ELECTRICITY

Electrical current is 230 volts, 50Hz. Round two- or three-pin plugs are used. For other types of plugs converters are easily available in the market.



CONTACT POINT

For any further information you may require or if you need a personal invitation letter or official document for your travel clearances, please contact:

Mouhammad Munib Aslam

Sr. Admin Officer

Universal Service Fund Company,
Islamabad.

Cell/Whatsapp: +92-321-5336695

Tel: +92-51- 9212308

Fax: +92-51-9214261

E-mail: munib.aslam@usf.org.pk

Mr. Umar Farooq Butt

Head of Technical Coordination
Universal Service Fund Company,
Islamabad.

Cell/Whatsapp: +92-333-4371507

Tel: +92-51- 9212308

Fax: +92-51-9214261

E-mail: umar.farooq@usf.org.pk

Mr. S. Asif Kamal,

GM Tech,
Universal Service Fund Company,
Islamabad.

Cell: +92-314-5111700

Tel: +92-51-9212308

Fax: +92-51-9214261

E-mail: asif.kamal@usf.org.pk

Mr. Zeeshan Haider,

Director International,
Ministry of IT
Islamabad.

Tel: +92-51-9203505

Fax: +92-51-2870790

E-mail: zeeshan.bukhari@moitt.gov.pk

Mr. Yasir Qadir,

Member (IC),
Ministry of IT,
Islamabad.

Tel: +92-51-9221048

Fax: +92-51-2870790

E-mail: yasir.qadir@moitt.gov.pk