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## Definition of mHealth



Mobile health, or mHealth, can be defined as:

Medical and public health practice supported by mobile devices, such as mobile phones, patient monitoring devices, tablets, personal digital assistants (PDAs), and other wireless devices.







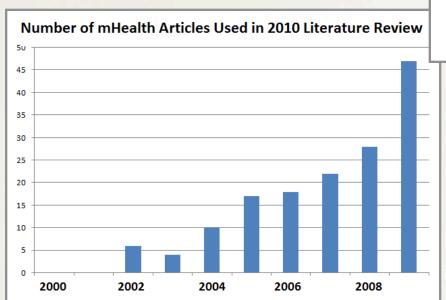




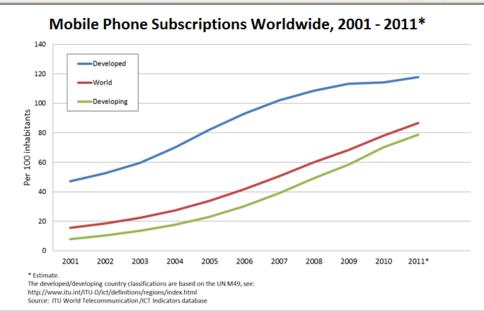
# Progression of mHealth



With the rise in mobile subscriptions worldwide....

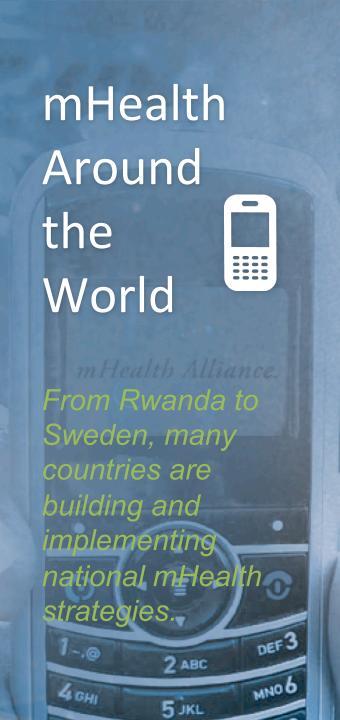


... comes a rise in mHealth initiatives in countries around the world.



mHealth Alliance

Source: Barriers and Gaps Affecting mHealth in Low and Middle Income Countries: Policy White Paper, mHealth Alliance, The Earth Institute, 2010.





83% of WHO member countries reported having at least one mHealth initiative in their country.<sup>1</sup>

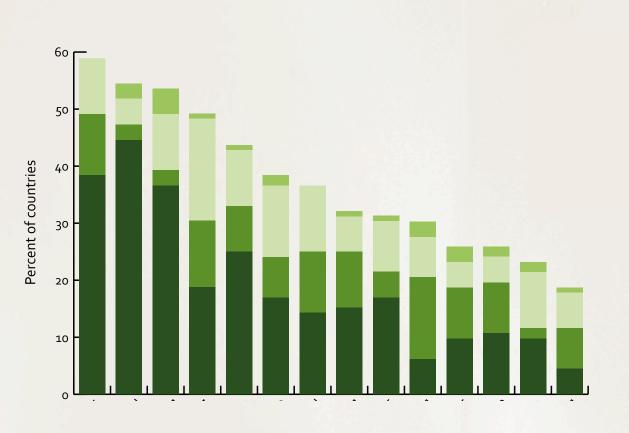
77% of responding low-income countries reported at least one mHealth initiative in their country, making them only ten percent behind high-income countries.<sup>1</sup>

<sup>1</sup>World Health Organization. mHealth: New horizons for health through mobile technologies: second global survey on eHealth. http://www.who.int/goe/publications/goe\_mhealth\_web.pdf.





# Adoption of mHealth by Project Type



#### mHealth Initiatives

(ordered by % of countries adopted)

- Health call centers
- Toll free emergency
- Emergencies
- Mobile telemedicine
- Appointment reminders
- Community mobilization
- Treatment compliance
- Patient records
- Information
- Patient monitoring
- Health surveys
- Awareness raising
- Decision support systems





# Barriers to Scale of mHealth

- (1) Lack of rigorous evidence linking mHealth solutions to improved health and demonstrated cost-effectiveness
- (2) Lack of sustainable sources of financing for mHealth
- (3) Lack of capacity throughout the health community to design and deploy mobile health
- (4) Lack of an enabling environment in which national or regional policies support the use of mobile for health
- (5) Lack of systematically applied technological standards and interoperability between systems
  - Lack of alignment on standards
  - Limited opportunities for collaboration
  - Limited collaboration or communication across mServices
  - Limited guidance from donors and governments on which standards to use

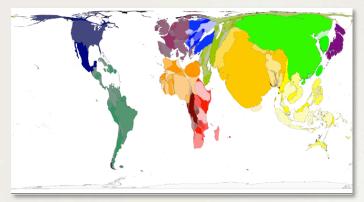
*Source:* mHealth Alliance Strategy. Created by the mHealth Alliance and Dalberg Global Development Advisors. January 2012.





# Need for Standards Development

#### 1. Standardization gap



Source: www.WorldMapper.org. Accessed 23 Apr 2012.

#### 3. Remote diagnostics, telemedicine



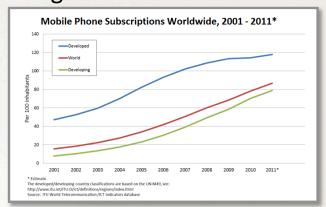
Source: CellScope

#### 2. Massive shift to communities



Source: DataDyne

#### 4. Integration at scale







## Declaration to Improve Health Outcomes with ICTs

#### **2010 Greentree Principles**

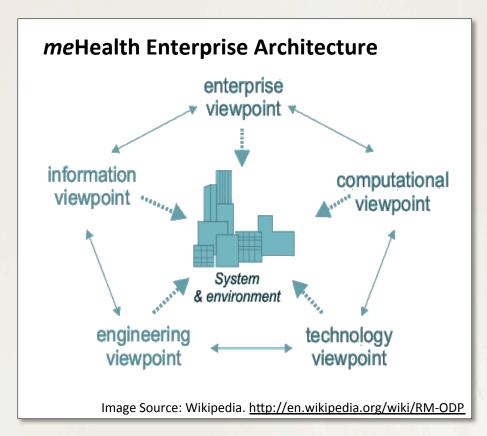
- 1. Coordinating, Harmonizing and Sharing
- 2. Country Leadership and Ownership
- 3. Capacity Development
- 4. Openness
- 5. Strategic Reuse
- 6. Research and Evaluation

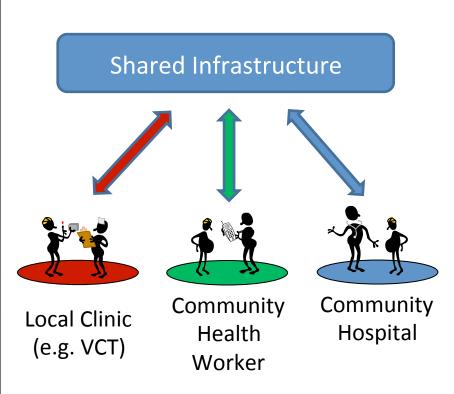




## meHealth Architecture







*me*Health MNCH Architecture document on HUB <a href="http://www.healthunbound.org/content/mehealth-framework-documents-link">http://www.healthunbound.org/content/mehealth-framework-documents-link</a>





# Standards & Interoperability Working Group

### Proposed 2-year indicators:

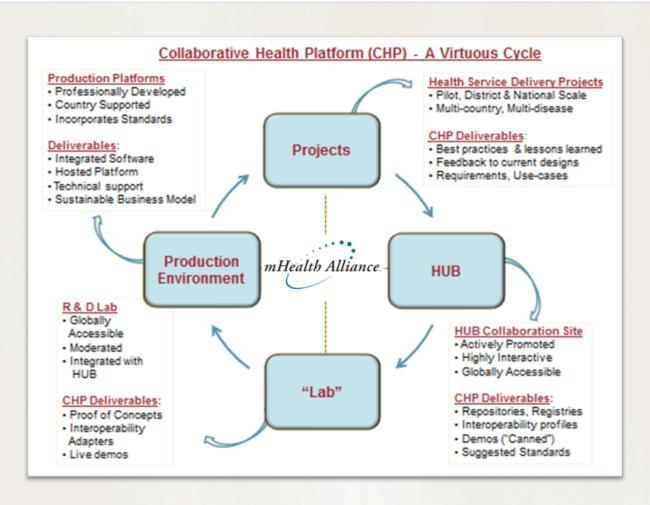
- # countries adopted standards-based, national electronic registries
- # implementing organizations adopted open standards at district level or greater
- # strategic mHealth standards gaps targeted with catalytic funding
- # countries adopted at least 1 open standard into National eHealth Strategy or similar declaration





### Health UnBound - HUB





www.HealthUnBound.org







- Open Facility Registry Expansion Development Project
- Deployed in 5 countries in 2 years
- Launching point for an open National Health Information System (NHIS)





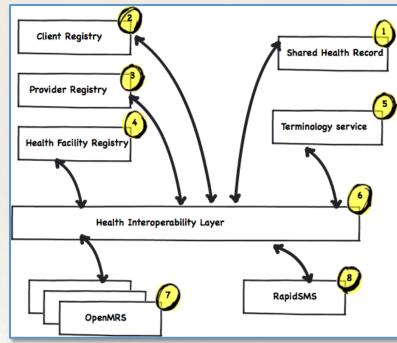
Global HOPE GEN Broadband and Innovations







- Rwanda Health Enterprise
   Architecture
- Shared electronic record for all maternal health patients
- Information standards, transport layer, software specifications, use requirements



Source: rhea.Jembi.org. Accessed 23 Apr 2012.















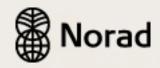
## IWG + MCL



- Innovation Working Group (IWG) grant to scale mobile health projects
- Maternal Concept Lab working with 3 grantees to develop open standards for data capture, reporting of indicators, common interfaces, adoption of standardized terminology
- Generalizing best practices for other contexts & health domains

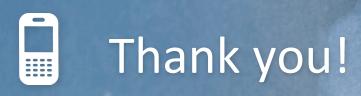














## Thank you!

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www.mhealthalliance.org; www.healthunbound.org

The mHealth Alliance is hosted by the United Nations Foundation: <a href="https://www.unfoundation.org">www.unfoundation.org</a>

