



## Specific Absorption Rate: How to explain, how to measure

#### **Thomas Barmueller**

Former Member of Austrian Parliament

Director Europe, Middle East and Africa Mobile Manufacturers Forum (MMF)





#### **Presentation Overview**

- 1. Background to the MMF
- 2. Standards: International Developments
- 3. How to explain Specific Absorption Rate (SAR)
- 4. How to measure SAR
- 5. Summary

#### **Background to the MMF**

- International association of radio equipment manufacturers, founded 1998
  - Representing around 80% of global handset sales; and
  - The providers of the majority of global network infrastructure
- Association's focus:

MIME

- Health and safety
- Key areas of activity:
  - Research and standards support
  - Regulatory harmonisation
  - Public communications

#### **MMF Members**

Apple

MMF Mobile Manufacturers Forum

- Cisco
- Ericsson
- Intel
- > LG
- Motorola Mobility
- Motorola Solutions
- Nokia
- Nokia Siemens Networks
- Samsung
- Sony Ericsson
- TCT Mobile (Alcatel Mobile Phones)



#### **Presentation Overview**

- 1. Background to the MMF
- 2. Standards: International Development
- **3.** How to explain Specific Absorption Rate (SAR)
- 4. How to measure SAR
- 5. Summary

Science-based approach prevails as countries around the world have adopted ICNIRP limits.

#### • Also ITU recommends:\*

MIME

"If such limits do not exist, or if they do not cover the frequencies of interest, then ICNIRP limits (Appendix I) should be used."

(\*ITU-T K.52 (12/04) - Guidance on complying with limits for human exposure to electromagnetic fields), see also K.52 Corrigendum 1 (05/2009)

## Brazil:

- Since 2002, ICNIRP limits had been in force based on Resolution # 303, issued by Brazilian National Telecommunication Agency ANATEL.
- In May 2009, ICNIRP's scientific rationale and limits stipulated by federal law #11934/2009.
- The order applies to both network infrastructure and handsets well as all the other radio systems (TV broadcasting, radio broadcasting, two ways radios, etc)

### China:

- In August 2008, China officially adopted ICNIRP based limits for handsets.
- Limits for base stations are currently being prepared but MIIT has stated they see no reason for these limits not to be also based on ICNIRP.

#### India:

- In September 2008, the Telecom Commission of India formally adopted ICNIRP guidelines in India.
- The order applies to both network infrastructure and handsets.
- India is currently in the process of adopting exposure measurement standards and is looking carefully at the existing European and international (IEC) standards.

#### Russia:

- Russia's current EMF limits were developed before mobile communications was available. At that time the rationale for determining compliance was completely different.
- In December 2008, the Consumer Rights Protection Agency Rospotrebnadzor, endorsed action plan designed to harmonize EMF standards with those used internationally.

#### Ruanda:

- Since 2008, ITU-T 52K (EMF exposure guidelines based on ICNIRP) is in place.
- The order applies to both network infrastructure and handsets.
- Rwanda Utilities Regulatory Authority (RURA) started to establish a close working relationship with the National Environmental Management Authority (REMA) also in terms of EMF issues.

#### Tanzania:

In Nov 2008, the Tanzania Atomic Energy Commission (TAEC) started an initiative to implement ICNIRP guidelines.

In Nov 2009, conference resolution to implement WHO-based EMF policy and ICNIRP limits in the East African Community.

In Sept 2010, TCRA\* issued public notice to endorse ITU/ICNIRP limits and in Nov 2010, practical workshop on RF measurement (base stations). \*Tanzania Communications Regulatory Authority

## Zambia:

In August 2007, the Communications Authority Zambia adopted ICNIRP limits.\*

In 2008/2009, national baseline survey on more than 1,200 GSM and broadcasting transmitters to assess EMF exposure and compliance with EMF exposure limits.\*\*

Followed by a comprehensive awareness program explaining the results and the future steps.\*\*

\*Source: ZM.S.102

13 \*\*CAZ Regulatory Report 2009

#### Conclusion:

MIME

- Strong trend toward the adoption of ICNIRP based exposure limits
- World's two most populated countries adopted ICNIRP based exposure limits
- Those countries have reviewed and accepted the scientific rationale underpinning the ICNIRP approach.

MMF Mobile Manufacturers Forum

### Harmonization trend provides benefits

Harmonization provides benefits for everyone:

- > Industry:
  - a single standard reduces the costs of production as mobiles are designed once, tested once and able to be sold globally
- Consumers:
  - access to the services and products available elsewhere around the globe
  - mobile phone prices decrease further
- Governments:
  - high levels of protection for all

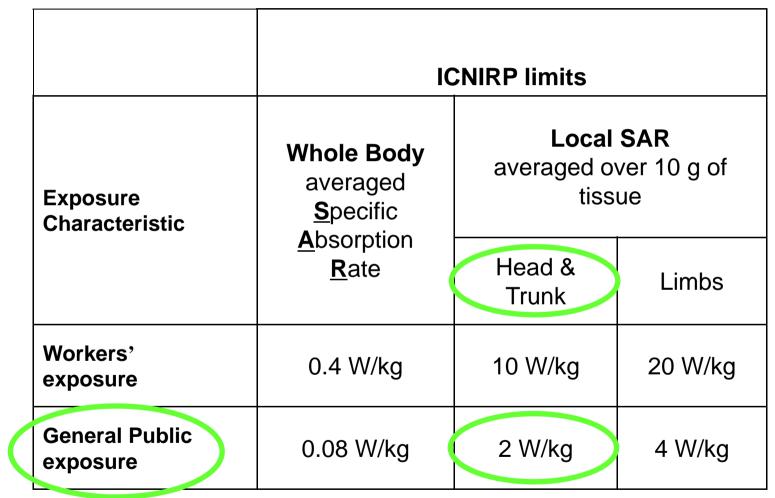


#### **Presentation Overview**

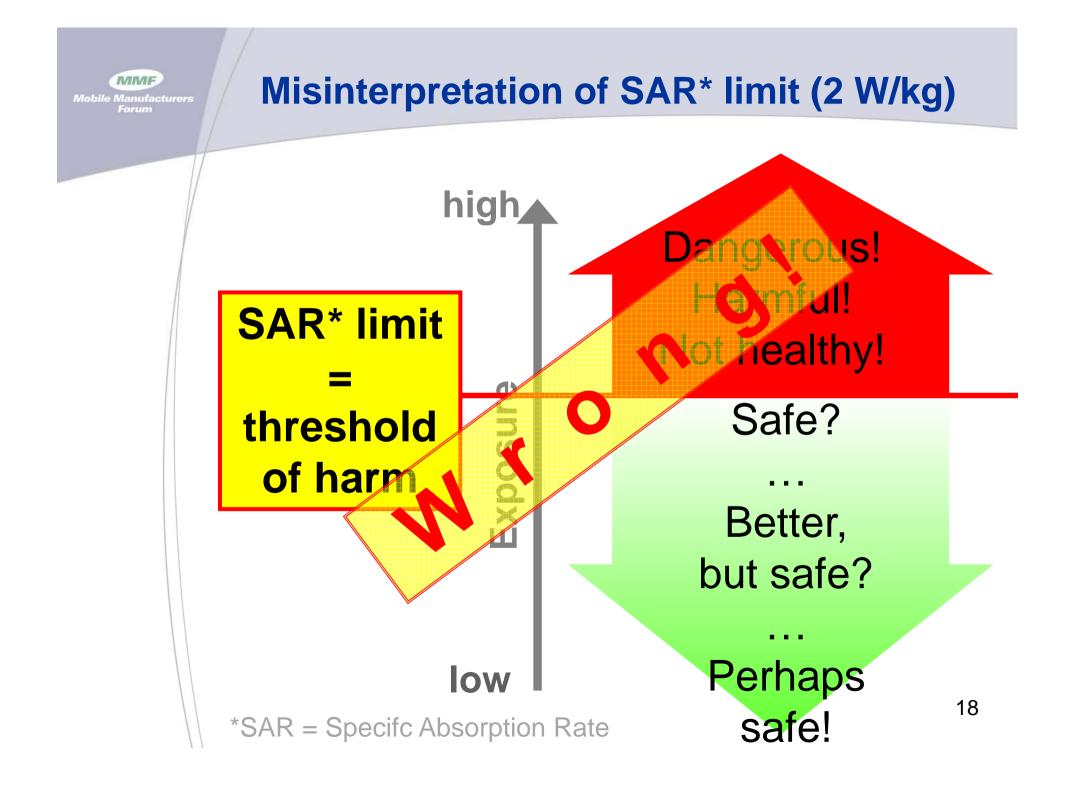
- 1. Background to the MMF
- 2. Standards: Recent International Developments
- 3. How to explain Specific Absorption Rate (SAR)
- 4. How to measure SAR
- 5. Summary

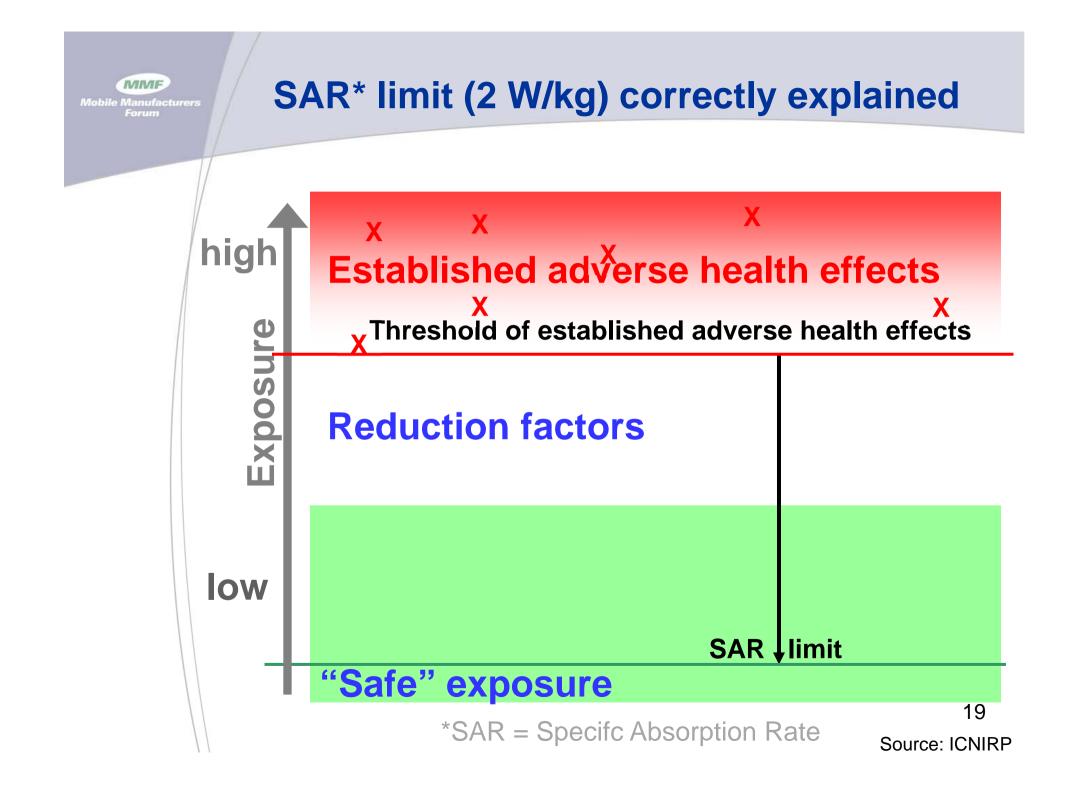
MMF Mobile Manufacturers Forum

#### **ICNIRP exposure limits: mobile phones**



Guidelines for Limiting Exposure to Time-varying Electric, Magnetic and Electromagnetic Fields (up to 300 GHz)." Health Physics, April 1998, vol.74, number 4, pp. 494-522





#### MMF Mobile Manufacturers Forum

#### Explaining SAR: Metaphor ,Bridge'

#### Clearance = threshold of established adverse health effects Maximum permissible height = SAR limit



## ...but to show the right proportions you will need ...



# Explaining SAR: Metaphor ,Bridge'

Occupational SAR limit for head and trunk: 10 W/kg

Public SAR limit for head and trunk: 2 W/kg All mobile phones below 2 W/kg are equally safe.



#### **Presentation Overview**

- 1. Background to the MMF
- 2. Standards: Recent International Developments
- **3.** How to explain Specific Absorption Rate (SAR)
- 4. How to measure SAR
- 5. Summary

#### **SAR compliance testing**

- 2 measurement standards in place:
  - IEC 62209-1 (head)

MIME

- IEC 62209-2 (body-worn, separation distance of up to 25 mm can apply)
- Mobile phones are tested for compliance at the highest possible power level.

Video on SAR testing:

 $\succ$ 



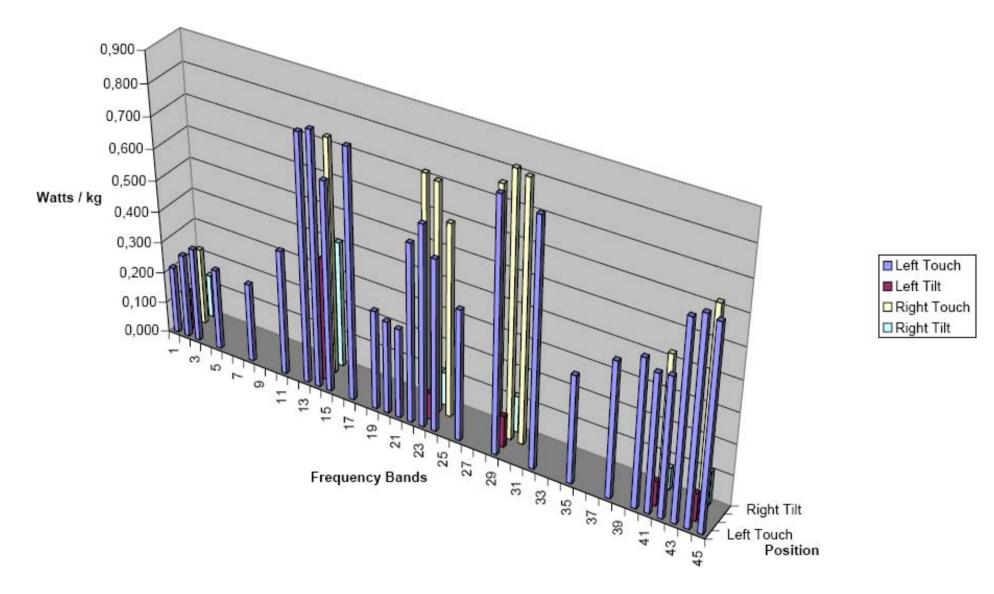
Get more detailed information on SAR: <u>www.emfexplained.info/?ID=24898</u>

# Test at highest possible power level and report highest SAR value in user manual

SAR values of GPRS multi-band mobile phone

MIME

Mobile Manufacturers Forum





#### **Adaptive Power Control...**

A

... ensures that mobiles only operate on the minimum power needed to make or maintain a call and ...

• ... reduces EMF Better connection, exposure further. longer talk time



#### **User preference**

If people are still concerned about EMF exposure, they can reduce exposure to mobile phone signals by using a handsfree device.

Important: The suggestion to use of a hands-free device is to reduce concerns. It's not about additional or higher safety as all compliant mobile phones are equally safe. MMF Mobile Manufacturers Forum

# What one should know about mobile phones and low SAR value

- Many people mistakenly assume that using a cell phone with a lower reported SAR value necessarily decreases a user's exposure to RF emissions...
- ...a single SAR value does not provide sufficient information about the amount of RF exposure under typical usage conditions to reliably compare individual cell phone models.

27

FCC Fact Sheet on SAR: http://www.fcc.gov/cgb/consumerfacts/sar.html



#### Summary

- No variations in safety under the strict limits developed by ICNIRP.
- ICNIRP has been recommended by ITU and World Health Organization.
- The available scientific evidence provides sound basis for confidence in the safety of the technology.
- Research (in particular into long-term heavy use) continues to strengthen the scientific basis further.

#### Thank you for your attention. Questions? Further Information needed?



MIME

Nobile Manufacturers

#### **Thomas Barmüller**

thomas.barmueller@mmfai.info +43 (664) 386 51 23 Mobile Manufacturers Forum Diamant Building, 80 Blvd. A. Reyers B-1030 Brussels, Belgium

www.mmfai.org

MMF's Director for Europe, Middle East and Africa and responsible for the co-ordination of the association's activities in the region. Prior to joining the MMF:

2000 – 2006: Managing Director, Austrian Forum Mobilkommunikation (national trade organisation) 1990 – 1999: Member of the Austrian Parliament, focused on infrastructure issues, telecommunication and environment He graduated as Master of Laws at the University of Graz, 29 Austria.