



Contribution by CNIL

PRESENTATION OF FANTOMAPP

Purpose

To present FantomApp, the CNIL's first app designed to help teenagers protect their data on social media. The FantomApp developed by the CNIL in 2025 was funded by the European Union as part of the programme Citizens, Equality, Rights and Values Programme (CERV). Nine European data protection authorities have expressed interest and supported the project.

Young people themselves were the inspiration for the creation of FantomApp, which was designed to meet the specific requirements they have expressed with regard to the protection of their personal data. FantomApp is about:

- **tools and tutorials** to help them protect their accounts and “clean up” their online presence,
- **advice and content** to help them if they encounter any problems,
- **a free and secure application** that does not collect any data (except for the IP address, which is necessary for the application to function, and the type of device used).

FantomApp is available free of charge from App Store and Google Play and directly from **its web version**: fantomapp.org

Action required

This report is transmitted to the Council Working Group on child online protection **for information**

References

Please see a sample of the screenshots provided below (the complete set will be shared for the meeting)
Presentation by Ms Pascale Raulin-Serrier

FantomApp

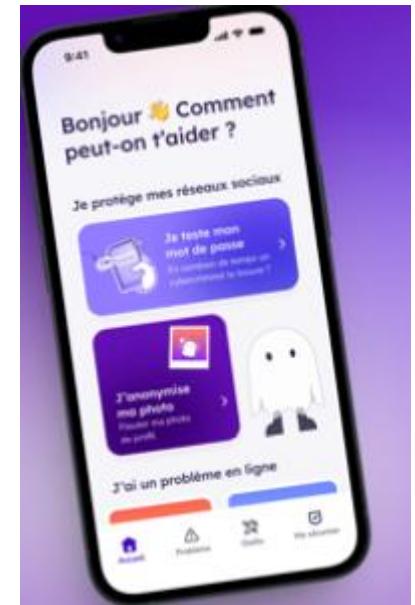
Protecting yourself on social media

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Funded by
the European Union

GET IT ON
Google Play Download on the
App Store



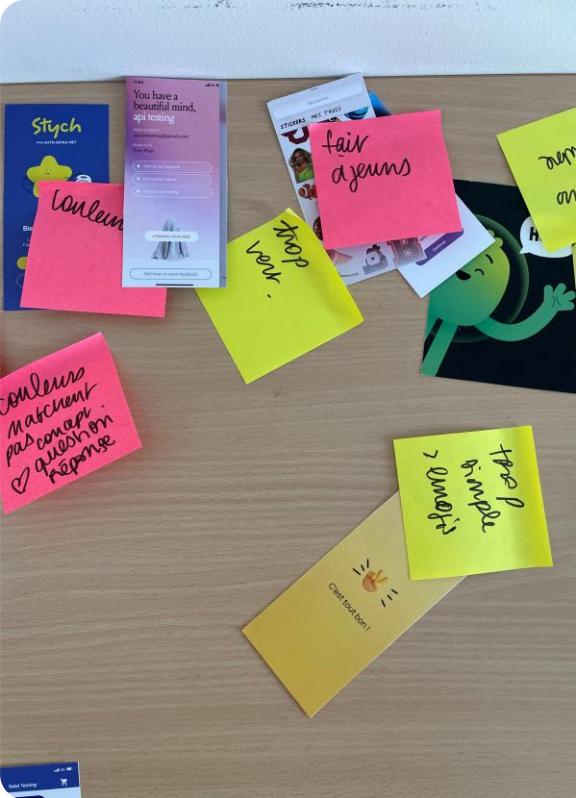
Hi How can we help you?

Securing my socials [View all](#)



A user-centred methodology

- ▶ Interviews and workshops with students
- ▶ Validation of initial concepts
- ▶ User testing



1. Help and resources for online problems

I have a problem online

ERASING A CONTENT



I want to erase content

Requesting the removal of a photo or a video about you

IDENTITY THIEF



Someone is impersonating me

Someone is acting / doing things under my name

My account was hacked

Recover your account or something else



I'm going through cyberbullying

Finding help and tips

SEXTORSION



I am going through sexual blackmailing

Someone is threatening me using very private information about me

FINANCIAL FRAUD



I lost money to a scam

Someone scammed me

-  My account disconnected itself and I can't access it anymore
-  content appeared on my feed but I am not the one who published it
-  My password doesn't work anymore
-  My friends were contacted by supposedly me, but I'm not the one who sent them the text



My account was hacked

Your account disconnected itself or content is being published by itself. Maybe it was hacked.

What's your situation?

I still have access to my account

I no longer have access to my account



I no longer have access to my account

Contact the social network

Start by contacting the social network to report that your account has been hacked.

- ➡ Click on the link for the network you use.

Instagram

Request Instagram support

 <https://www.instagram.com/hacked/>



I don't have access to my account anymore

Follow these recommendations

Even if you no longer have access to your account, you can still take action. These steps will help protect yourself and prevent it from happening again.



Notify your friends and contacts

They may receive or have received strange messages



Change your other passwords

Protect your other accounts



Notify your bank

Take action if your bank details were on your account



Use a password keeper

To secure your passwords



Never share your passwords

It's best to keep them for yourself

Snapchat

Submit a request – Snapchat Support

 <https://help.snapchat.com/hc/en-gb/requests/new>

TikTok

Report a problem | TikTok

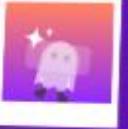
 <https://www.tiktok.com/legal/report/feedback?lang=en>

Next →

2. Tools to strengthen your accounts



Testing my password
How long does it take a cybercriminal to crack it? >



Anonymising my picture
Blurring my profile picture >



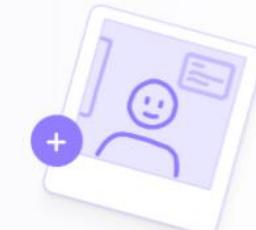
Testing my visibility
What do my username and bio reveal about me? >

Tools

FantomApp

Anonymising my picture

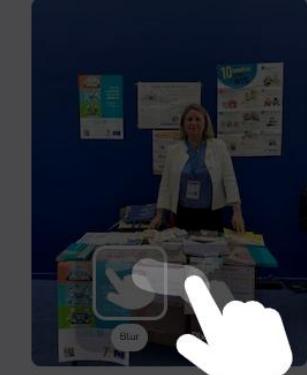
Blurring or pixelating my profile picture to limit my identification online.



Import a picture

💡 Advice: If you blur your picture to use it as a profile picture, don't reuse it elsewhere unblurred

💡 Good to know: FantomApp doesn't save any photo you import here

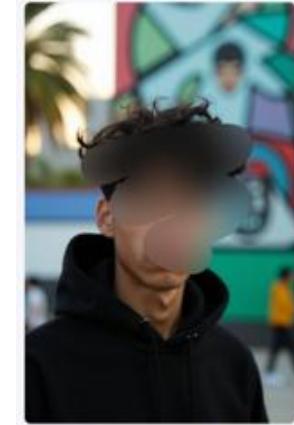


Blur everything

Download

Slide your finger on the image to blur it.

Got it



9:41

Télécharger

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@

Testing my visibility

Can someone identify me from my username and my bio?

Question 1 out of 2

What's in your username?

Identity

My full name or surname (example: Martin)

My name or surname shortened. (example: Mrt1)

My nickname

My date of birth

Geographical or cultural origin

Next →

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X

Your results

Careful! 🤡

Your profile contains a lot of information about you. Be careful, some people might use this information, pretend to be your friends or damage your reputation.

Your username indicates

My date of birth
My full name or surname

PUBLIC 🚫

Your bio indicates

No personal info!

INVISIBLE 🧙

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Digital life

Links to my other social media accounts. (X, Instagram, TikTok, Snapchat).

My close circle accounts (Friends, family, lover...)

Interests

A link to my club or an association I'm part of. (ie: @VolleyValences)

Education or occupation

A mention of my school or company.

My skills or cursus (Baker's apprentice, Medical student...)

Your results

Not bad! 🤡

There are still some clues to guess who you are irl. Here, you can give even less information about you:

Your username indicates

My postcode

DISCREET 🧙

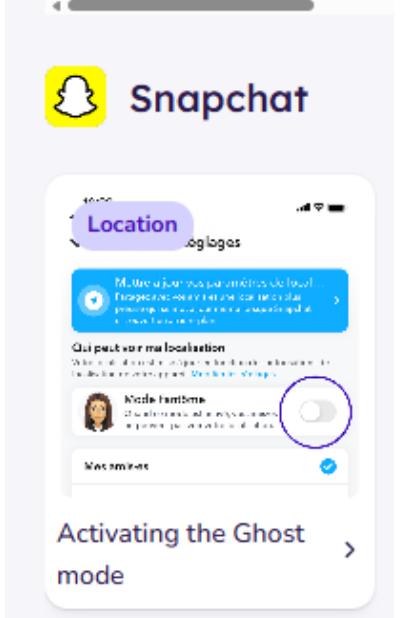
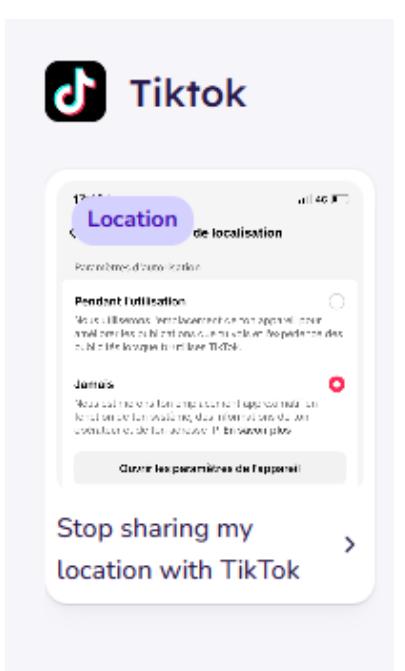
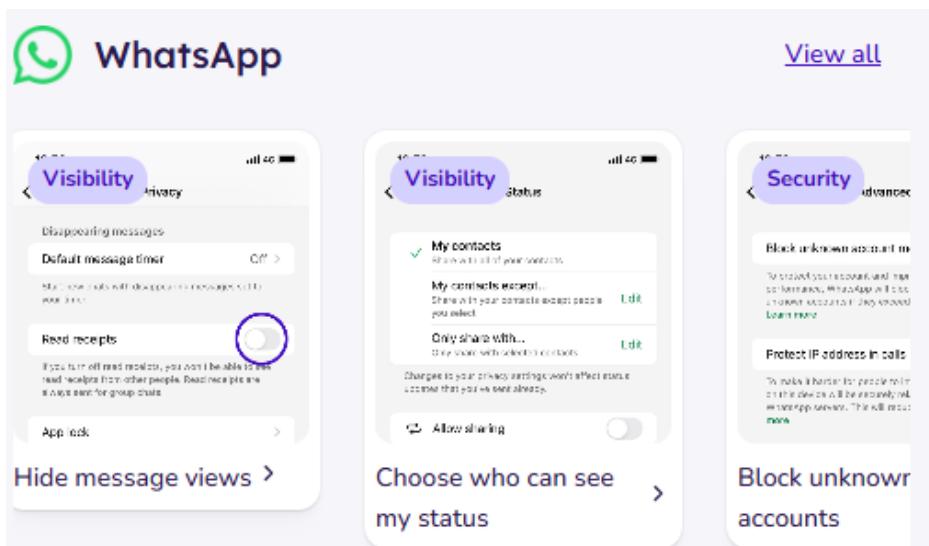
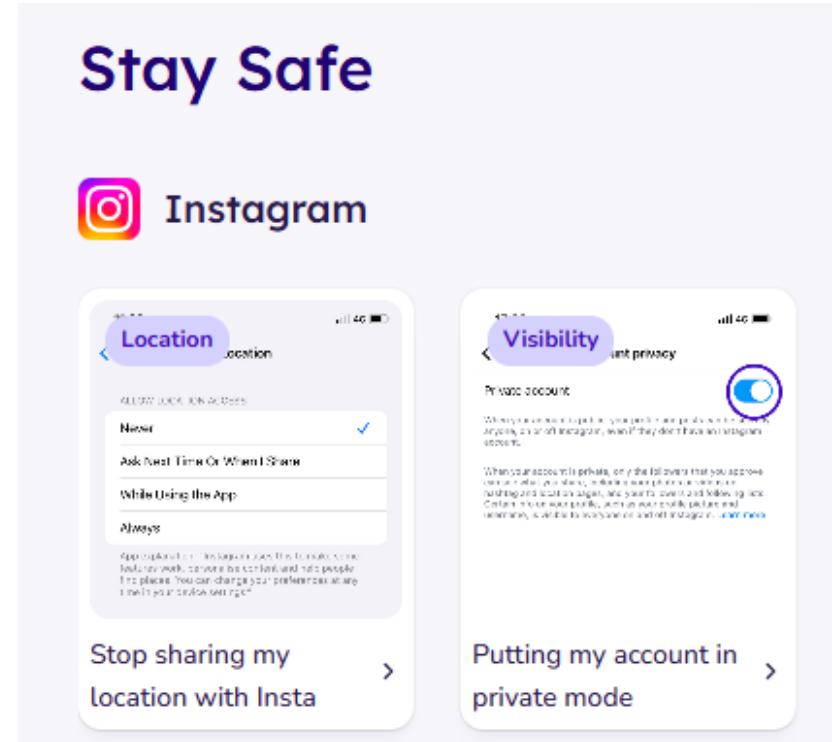
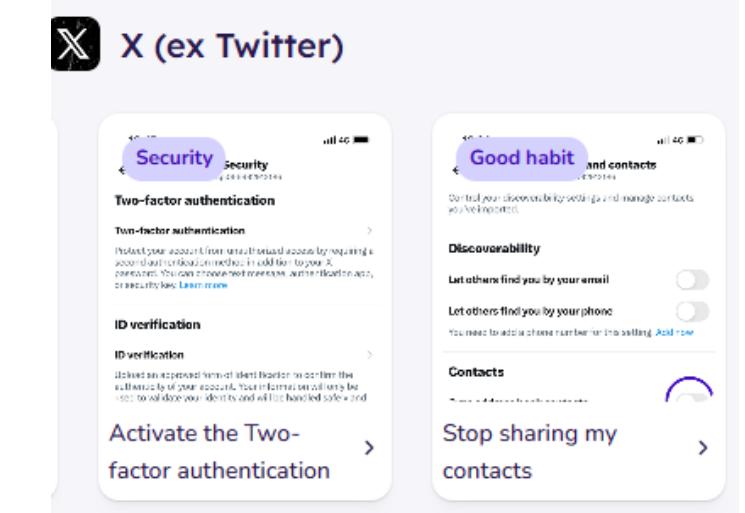
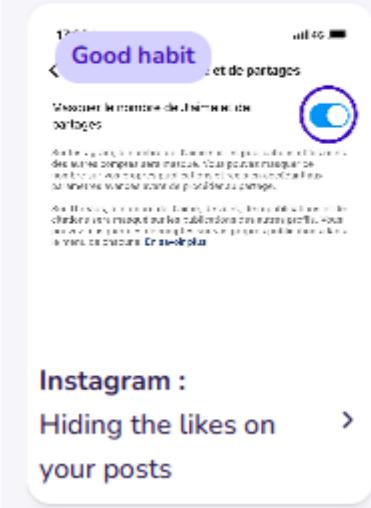
Your bio indicates

My close circle accounts

DISCREET 🧙

3. Securing myself

Securing myself



Tutorials for setting the correct parameters

For each network (Instagram, TikTok, Snapchat, X, WhatsApp, etc.), access tutorials to find out which settings to enable or disable in order to keep your private life... private:

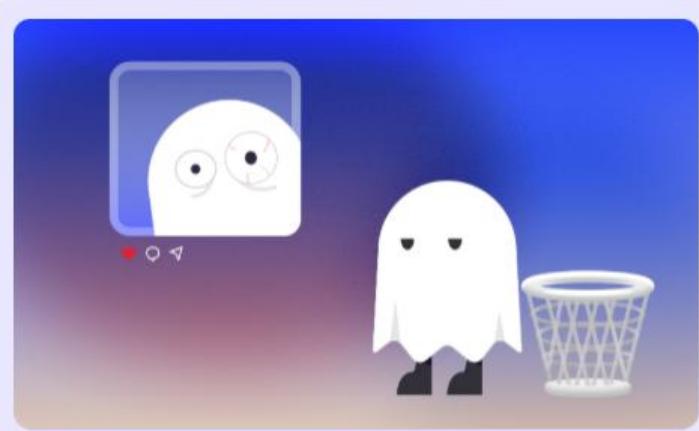
- Remove geolocation
- Make my account private
- Enable two-factor authentication
- See who is logged into my account, by location
- Determine who can interact with me
- Hide sensitive content
- Disable contact sharing
- Do not allow me to be found in suggestions
- Disable the ability to see 'likes'
- Do not allow me to be found using my phone number or email address
- Determine who can contact me
- Disable the ability to see if I am online
- Prevent proprietary AI from reading or exploiting my data
- Disable personalised ads
- Determine who can add me to a group
- Disable archiving of ephemeral posts



I have rights

No matter your age, you have rights and particularly the right to protect your personal data and your privacy.

Online, you can decide what can be seen of you, and what the social media do with your information.



The right to erasure: Stay incognito

Online, you have the right to request **the erasure and dereferencing** of your data. Concretely, if you want a photo, a video, a text from you, your name, your first name or any other elements of your personal data to be deleted or to no longer appear in search engine queries, you can request it to the relevant sites.

You can address the site or platform directly. If the platform doesn't answer your request within 1 month, you can report it to your national Data Protection Authorities and get some help enforcing your rights.



The right to information: who does what with my data

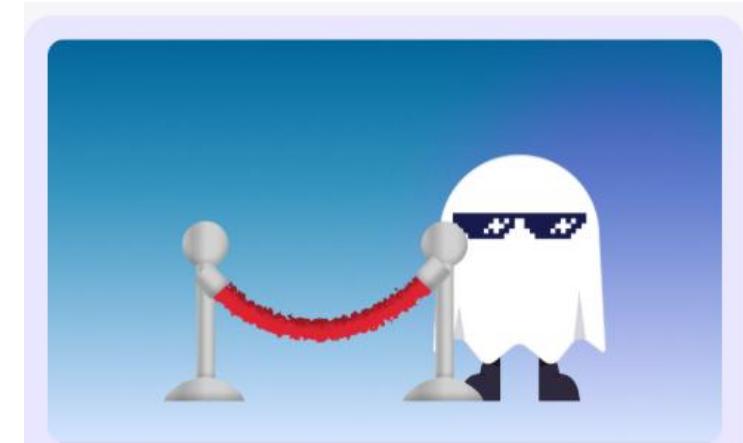
You have the right to know what the sites, games, applications and other platforms do, **want to do or are planning to do with your personal data**.



The right to portability: where I want, when I want!

You even have the right to carry **your data and use it elsewhere**, « in mode » « click and collect »! This is data portability.

You retrieve and use them elsewhere, with a competitor, if you want. This applies to your photos, audios or videos, or for your courses on a note-taking application on your computer.



The right to opposition: keep control of your data

You have the right to **oppose to the use of your data** by websites or apps (except in very specific cases foreseen by law).



A screenshot of the FantomApp's accessibility section. At the top, there is a back arrow icon. Below it is a large icon of a document with a checkmark inside a blue box. The word 'Accessibility' is written in bold black text. Below this, a smaller text block states: 'The app has been designed to meet accessibility standards. An audit should be carried out shortly. Without it, the app is not compliant.'

FantomApp

Partners for European rollout



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The Digital Education Working Group

Action : Support parents in digital literacy and promote positive parenting



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53 %

of French parents have shared content about their children on social networks.

Source : The French Observatory on parenting and digital education (*Observatoire de la parentalité et de l'éducation numérique (OPEN)-POTLOC*, 2023)



CLOSING CONFERENCE "The Way Forward"
Ljubljana, 18-19/11/2025



COUNCIL OF EUROPE

CONSEIL DE L'EUROPE

Consider extending the creation of awareness-raising resources to other countries in synergy and for scaling up



<https://www.cnil.fr/en/sharing-photos-and-videos-your-child-social-networks-what-risks>
<https://video.cnil.fr/w/nse2DPvQwNp2ZCpf9kJiJg>

<https://dataprotection.ie/en/children>



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